

Banff Heritage Foundation

Native Seed and Plant Exchange

Native Plant Gardens

Native plants are low maintenance and are adapted to our climate and increase the local biodiversity. They require little to no watering once established, thereby reducing our impact on local water resources.

Native plants provide a far greater concentration of nectar for pollinators, such as hummingbirds, bees, butterflies, moths and bats, than cultivated species do. They are the ecological basis upon which life depends. Without them, the insects that evolved with them and local birds cannot survive.



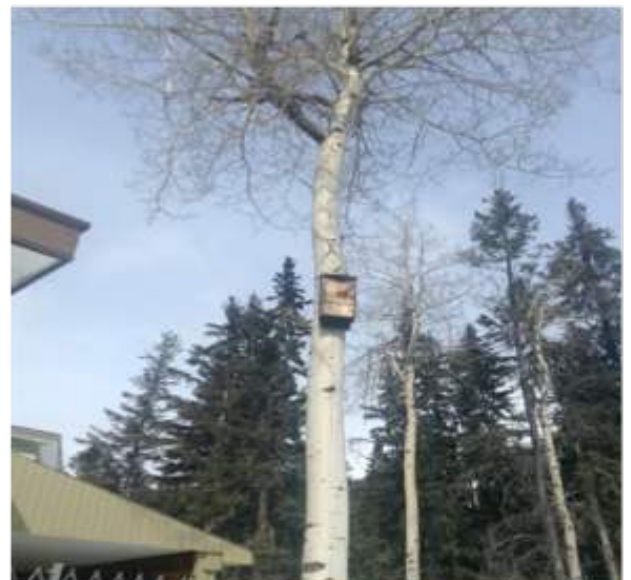
The Juniper Hotel chooses to celebrate plants, trees and shrubs native to the mountains we live in.

*Smooth Aster (*Aster laevis*), Brown-eyed Susan (*Gaillardia aristata*), and Fireweed (*Epilobium angustifolium*)*

Providing Habitat for Birds and Insects

There is widespread evidence that many species of insects, birds and animals are in decline mostly due to human interference. Native bees, for example, which do most of the pollinating are just one that are threatened.

By providing them with habitat to reproduce, such as drilling holes into fallen tree stumps, we are playing a small but important role in their survival. Most native bees and many insects like to burrow into cavities close to the ground to lay their eggs.



Bat box



Dead stump for native bees



Folk art bee house



Woodpecker house

Some places to purchase native seeds and plants:

Wild About Flowers - wildaboutflowers.ca

ALCLA Native Plants - alclanativeplants.com

Some recommended resources:

• *Rocky Mountain Wild Flowers* Paperback
By: A. E. Porsild

• *Flora of Alberta* By: E.H. Moss

• *Old Man's Garden: The History and Lore of Southern Alberta Wildflowers* By: Annora Brown



BOWSTRINGS
HERITAGE FOUNDATION

Banff Heritage Foundation weaves together past and present, story and place to inspire the future. We are a foundation that works in partnership with others to advance public appreciation for heritage, and to restore and animate heritage sites.

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